



Human Performance Services

Leadership Coaching

Cognitive science & leadership excellence coaching

Military Training

Supercharging the human weapon system

Law Enforcement Assessment & Training

Optimizing law enforcement performance, ethics, and safety

Government Assessment & Training

Maximize Performance & Vigilance

Sport Performance Training

Supercharging sports performance of teams and individuals

Business Coaching

Energizing high performance organizations

Cultural Change Coaching

Forging cohesive high-performance cultures

Health and Wellness Coaching

Innovative health solutions

Executive Leadership Coaching

Next-level Executive Program

Keynote Speakers

Elevate your event with Guardian's innovative speakers

Who We Are

A Service-Disabled Veteran-Owned Small Business (SDVOSB) with 35 years Military experience and 20+ years sport and human performance experience

Guardian Clients

All Military Branches, Defense Agencies, Government Agencies, Businesses & Athletes

Our Expert Staff

20 SOF Military Trainers
5 Doctoral Level Certified Mental Performance Consultant (CMPC)
10 Masters Level (CMPC)
30 Licensed Clinical Psychologists
10 Strength & Conditioning Coaches (ATC)
3 Professional Leadership Coaches

Points of Contact

www.dgd.us

Donny Boles
Chief Executive Officer
dboles@gdgllc.us
(571) 333-5569

Niki Phillips
nphillips@gdg.us
Executive Assistant
(571)333-5569